



CHRISTIAN SCHOOLS EVENTS NETWORK

ULTIMATE FRISBEE RULES

GENERAL

- Fixtures can be found on the CSEN website
- Age Groups (Primary – Year 5 & 6, Junior – Year 7 & 8, Intermediate – Year 9 & 10, Senior – Year 11 & 12)
- Schools may use an emergency from a younger age group if required to avoid a forfeit.
- All teams are expected to carry enough match frisbees, a first aid kit and an alternate strip to avoid colour clashes. (A set of bibs is acceptable).

PLAYER RESTRICTIONS

- 5 players on the field at any one time.
- For mixed teams must have 2 boys and 2 girls on the field at all times.

TIMING OF GAMES

- Rally Day / Lightning Premiership – as per fixture

UNIFORM

- Refer to the relevant [Semester Sport](#) policy or the [Rally Day](#) policy.
- Players must wear school sports uniform.
- Players not correctly attired should not be permitted to compete.

EQUIPMENT

- Official Frisbee (175g)

UMPIRES

- Ultimate is a self-refereed sport and as such teams will be expected to uphold the “Spirit of the Game”.

RULES

- All Ultimate games will be played according to Ultimate Victoria’s VicFlick rules. Please refer to the attached document for detailed rules.
- [Competition-Rules-High-School-Ultimate-1.pdf \(ultimatevictoria.com.au\)](#)

LATENESS RULE

- Rally Day / Lightning Premiership – forfeit of match

RESULTS

- Term Sport – sent through to cсен@cсен.au within 24 hours of completion of the match on the results sheet by the winning team.
- Rally Day / Lightning Premiership – taken to the convener of the sport immediately on the completion of the match.